

Patient Health History

Today's Date

Signature of Patient

Patient Title: (check one) ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Miss ☐ Dr. ☐ Prof. ☐ Rev.

First Name _____ Nick Name _____

Last Name _____ Middle Name _____ Suffix _____

Address 1 _____

Address 2 _____

City _____ State _____ Zip Code _____

Primary Phone _____ Secondary Phone _____

Mobile Phone _____

Home email _____ Work Email _____

By providing my email address, I authorize my doctor to contact me via the email address(es) provided.

Which email address would you like us to use to communicate with you? (check one) ☐ Home ☐ Work

Contact Method (check one)

☐ Primary Phone ☐ Secondary Phone ☐ Mobile Phone ☐ Home Email ☐ Work Email

Date of Birth

Age _____ Gender (check one) ☐ Male ☐ Female ☐ Unspecified

Marital Status (check one) ☐ Single ☐ Married ☐ Other SSN _____

Employment Status (check one)

☐ Employed ☐ FT Student ☐ PT Student ☐ Other ☐ Retired ☐ Self Employed

Race (check one)

☐ White ☐ Black/African American ☐ Hispanic ☐ American Indian/Alaskan Native
☐ Asian ☐ Asian Indian ☐ Chinese ☐ Filipino
☐ Japanese ☐ Korean ☐ Vietnamese ☐ Native Hawaiian or other Pacific Island
☐ Samoan ☐ Guamanian or Chamorro ☐ Other _____ ☐ I choose not to specify

Multi-Racial (check one) ☐ Yes ☐ No ☐ Unknown

Ethnicity (check one) ☐ Hispanic or Latino ☐ Not Hispanic or Latino ☐ I choose not to specify

Preferred Language (check one)

☐ English ☐ Spanish ☐ American Sign Language ☐ Chinese ☐ French ☐ German
☐ Tagalog ☐ Vietnamese ☐ Italian ☐ Korean ☐ Russian ☐ Polish
☐ Arabic ☐ Portuguese ☐ Japanese ☐ French Creole ☐ Greek ☐ Hindi
☐ Persian ☐ Urdu ☐ Gujarati ☐ Armenian ☐ I choose not to specify

Continued ...

Verification Question (choose only one question by circling the question, then give the answer to that question)

- ☐ What is the name of your favorite pet? ☐ In what city were you born? ☐ What high school did you attend?
☐ What is your favorite movie? ☐ What is your mother's maiden name? ☐ On what street did you grow up?
☐ What was the make of your first car? ☐ When is your anniversary? ☐ What is your favorite color?

Verification Answer to the Chosen question: _____

Do you currently smoke tobacco of any kind? ☐ Yes ☐ Former smoker ☐ Never been a smoker

If yes, how often do you smoke: ☐ Current every day smoker ☐ Current sometimes smoker

If yes, what is your level of interest in quitting smoking?

☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10
No interest *Very Interested*

Current medications, including frequency and dosage if known. If there are no current medications, check here: ☐

	Start Date		Start Date
1) _____		5) _____	
2) _____		6) _____	
3) _____		7) _____	
4) _____		8) _____	

List any known allergies you have had to any medications.

If no allergies are known, check here: ☐

1) _____ 3) _____
2) _____ 4) _____

Briefly list your main health problems: _____

Has any doctor diagnosed you with Hypertension presently? ☐ Yes ☐ No If yes, describe: _____

Has any doctor diagnosed you with Diabetes presently? ☐ Yes ☐ No If yes, what kind? ☐ Type I ☐ Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? ☐ Yes ☐ No ☐ Not Sure

If yes, other comments regarding Diabetes: _____

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days? ☐ Yes ☐ No

To be performed by clinic staff:

Height: _____ inches **Weight:** _____ pounds **BP:** _____ / _____

Insurance - please allow our staff to photocopy your current health insurance card

- How did you hear about our office or who may we thank for referring you? _____
- Is your current condition the result of: () an auto accident? () a work related accident? Date of injury? _____
- Have you had previous chiropractic care? Y N • If yes, what was the doctor's name? _____
- What was the approximate date of your last visit? _____ • What was the duration of your care? _____

Please describe below your primary and additional reasons for seeking care in our office:

- Primary complaint: _____
- When did you experience this problem? _____
- How did this problem first begin? _____
- How often do you experience this problem? () 1-2x/week () 3-4x/week () 5-6x/week () daily () other: _____
- Please grade the intensity of this problem? (Please make an X on the line to designate your answer)

At best: mild _____ severe
At worst: mild _____ severe

- How would you describe the symptoms (i.e. burning, stabbing, aching, sharp, etc.) _____
- Does this problem cause pain to travel to any other area? Y N If yes, where? _____
- Is this problem getting: () worse () better () staying the same?
- What seems to aggravate this problem? _____
- What have you tried to relieve this problem? (i.e. interventions, treatments, aspirin, medications, surgery)? _____
- Have you seen any other doctors for this problem? Y N If yes, who? _____
- What treatment was given? _____
- How effective was the care? _____

• Date of last menstrual cycle: _____ • Birth control pills? () Yes () No • Are you pregnant at this time? () Yes () No

Consent for Treatment:

I, the undersigned, authorize the Doctor's of Auburn Chiropractic, and whomever they designate as their assistants, to perform diagnostic tests, including but not limited to x-rays, and to administer treatment as they deem necessary to me.

Patient's signature: _____ Date: _____

Consent for Treatment of a Minor: (If applicable)

I hereby authorize the Doctor's of Auburn Chiropractic, and whomever they designate as their assistants, to perform diagnostic tests, including but not limited to x-rays, and to administer treatment as they deem necessary to my (indicate relationship of child) _____, (child's name) _____.

Guardian's signature: _____ Date: _____